



ACHIEVE WELL TEAM

Empowering wellbeing,
elevating achievement

The Achieve Well Healthy Eating and Nutrition Grant Scheme

Guidance for Applicants

Please read before starting your application

Introduction

The Achieve Well Grant Scheme is now available for schools and education settings in Nottingham City. This is a limited pot of public health funding to be distributed in the 2025/26 academic year. The Grant will fund projects and activities up to £5000 for revenue projects and up to £10,000 for capital projects (only available to qualifying schools). Please read the information below before writing your application (insert form).

What is this funding for?

The funding is for projects that involve pupil co-production in designing and management of sustainable, healthy food and nutrition projects in Nottingham City schools.

Funding streams and requirements

- **Revenue funding stream (Grants up to £5,000; total funding pot £60,000)**
Available to all schools in Nottingham city, this grant supports the delivery of sustainable, pupil-led and managed healthy eating and nutrition projects. It can fund resources, workshops, cooking sessions, awareness campaigns, or other activities that promote sustainable healthy eating and nutrition. Funding must contribute to improving healthy eating outcomes and have regard to reducing inequalities.
- **Capital funding stream (Grants up to £10,000 for eligible schools; total funding pot £54,119)**

This grant provides capital funding derived from the Soft Drinks Industry Levy and is intended to support long-term improvements in healthy eating for pupils. As such, all projects using this funding must comply with the requirements set out in the Healthy Pupils Capital Fund guidance. This funding must be used solely for acquiring, upgrading, or maintaining physical assets that deliver lasting benefits such as kitchen equipment, dining spaces, or food-growing facilities as part of a pupil-led and managed project. This funding stream is open to community, foundation, and voluntary controlled schools within Nottingham City. It is not available to large multi-academy trusts (with five or more academies and at least 3,000 pupils) or to independent institutions, including non-maintained special schools and specialist post-16 providers.



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What type of projects will we fund?

To be eligible for funding, applications should clearly show how pupils are actively involved in both designing and managing the project, with evidence of meaningful leadership and ownership. Projects must be built with long-term impact in mind, with a clear plan for sustainability beyond the funding period. Strong applications will also show how the project is fully focused on healthy food and nutrition, engages the whole school and is ready to be delivered with the right resources and support in place.

Schools will need to demonstrate both the need for funding and its impact. To meet this requirement, schools must complete a recent [SHEU Health and Wellbeing Survey](#). Additional research evidence may also be used to support your application.

What is meant by sustainability?

In the context of the Health Eating and Nutrition Grant, "sustainable" refers to projects that have a lasting impact beyond the funding period, supporting continued benefits for pupils. For example, initiatives such as school gardens that embed healthy behaviors and pupil leadership into school and home life, while also offering potential environmental benefits like reduced food waste or increased awareness of local food growing.

What can the funding be spent on?

Revenue funding

To qualify for the revenue funding stream, money must be used to support pupil led and managed projects that enable the delivery and long-term sustainability of healthy food and nutrition activities.

Revenue spends examples include, but are not limited to:

- Workshops linked to long-term, pupil-led healthy eating or growing projects.
- Consumables or tools supporting ongoing nutrition or food education.
- Revenue elements like seeds and compost.
- Building lasting partnerships that enrich school food projects.
- Initiatives promoting healthy eating within a broader, sustainable project.
- Initiatives that support long-term food sustainability and awareness.
- Materials to promote and raise awareness of your project (e.g. leaflets, posters) as part of a wider strategy to build lasting engagement.
- Incentives to encourage participation, particularly from deprived communities (e.g. vouchers or small giveaways) where it helps embed the project into school life.
- Activities or events that act as a springboard for ongoing health and wellbeing conversations.





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Capital funding

To qualify for the capital funding stream, money must be used solely for acquiring, upgrading, or maintaining physical assets that deliver lasting benefits to the school as part of a pupil-led and managed project.

Capital spends examples include, but are not limited to:

- Raised beds, planters, or greenhouses to support pupils in growing their own fruit and vegetables.
- Tables, benches, and other durable furniture that create a welcoming space for healthy eating.
- Practical items like water butts, compost bins, and tool storage to help maintain growing areas.
- Upgrades to existing kitchens, dining rooms to improve access and use.
- Long-term solutions like vertical gardens, aquaponics, or hydroponics that support ongoing food education and make use of and relevant renewable energy features

Please note: All spending must contribute directly to the delivery and sustainability of your project.

How applications are assessed and awarded

Applications will be considered against the key grant criteria: pupil co-production; sustainability; healthy food and nutrition focus; school and community engagement; feasibility and value for money; and innovation and creativity. Eligible applications will be independently scored by a panel comprising representatives from the Achieve Well team and Public Health, using the grant's published criteria. Funding may be awarded in full or in part. Each application will be evaluated and scored before being assigned one of the following outcomes

- **Meets criteria:** The project meets all the key criteria with strong evidence and is recommended for funding.
- **Partly meets criteria:** The project shows good potential but may need further clarification or adjustments.
- **Does not meet criteria:** The project may not currently meet the necessary criteria or lacks sufficient detail to proceed. We encourage feedback use for future applications.

With limited funding available this will be a competitive process. Following the initial assessment, funding will be awarded to the highest scoring applications. Part-funding may also be offered.



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What monitoring is required?

As the Achieve Well Grant scheme is publicly funded, it is important to demonstrate how the funding has been used and the impact it has made, ensuring good value for money. Schools will be required to complete one mid project monitoring questionnaire and one end of project report.

We also encourage schools to share feedback, case studies or success stories from pupils, staff or the wider school community to highlight the difference the project has made.

Key dates

Milestone	Date
Pre-Engagement Period	01 June – 30 September 2025
Application Window	01 September – 28 November 2025
Application Review Period	28 November – 31 December 2025
Funding Issued	01 January – 28 February 2026
Monitoring Review	July 2026
Final impact report	March 2027

How do I apply?

To make an application, complete this [form](#) and submit by 28 November 2025.

The questions you will need to answer are listed below for your information and planning:

- Basic school and contact information
- The chosen funding stream (revenue, capital, or both)
- An explanation of how the school meets the eligibility criteria
- An outline of the project with aims, timelines, costs, impact projections & sustainability
- Project Title: What is your project called?
- Project aims and brief summary: Provide a brief overview of your project with aims. (Max 200 words).
- Project Need: Briefly explain why this project is needed in your school. Reference relevant evidence such as health or wellbeing data (e.g. SHEU survey results), challenges with current facilities, feedback from pupils or staff, or national trends. (Max 300 words)



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- Delivery Plan: Outline your key activities, timeline for delivery, and how you will use the funding. Ensure that you reference how your project meets the award criteria. (Max 1000 words)
- Outline the costs of your project: Please indicate whether costs are capital or revenue.
- Impact and Inclusion: Who will benefit from this project, and how will you measure its impact? How will you ensure that activities are inclusive and sustainable? (Max 250 words)
- Supporting documents: Please email any relevant supporting documents to the Achieve Well team [inbox](#). Please ensure you clearly link any supporting evidence to the headings above.

GDPR and Data Protection Requirements

As part of delivering a project funded through the Achieve Well Grant Scheme, schools must ensure they comply with all data protection responsibilities under the UK General Data Protection Regulation (GDPR) and the Data Protection Act 2018. You may collect or share data such as pupil feedback, photographs, or other identifiable information as part of your application, delivery updates, or final impact reporting. It is your responsibility to ensure that appropriate consent has been obtained before sharing any personal identifiers as part of the grant scheme.

All personal data collected during the project must be securely stored, only used for its intended purpose, and not shared with third parties unless legally permissible. By participating in the scheme and submitting any associated forms, you confirm that your school has taken the necessary steps to meet these obligations. For more information on how the Achieve Well Team handles data, please see our full [Privacy Policy](#).

Support and Contact Information

If you have any questions or need support at any stage, please get in touch with us at:
achievewell@nottinghamcity.gov.uk



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