

The Nottingham healthy child has a range of healthy relationships by...



ACHIEVE WELL TEAM

Empowering wellbeing,
elevating achievement

Feeling confident to say
no when needed

Having fun
and joking in
a kind way

Giving people
space when
they need it

Choosing not
to be mean or
hurtful



Staying
calm and
resolving
issues
peacefully

How will you be a good friend today?

These tips are shared by Nottingham children.



**Nottingham
City Council**