

The Nottingham healthy child is kind to themselves and others by...



ACHIEVE WELL TEAM

Empowering wellbeing,
elevating achievement

Sharing with
other people

Celebrating small
successes and
achievements

Helping
others when
they need
support

Giving
compliments
to others

Saying
positive
things about
themselves
and others



What kind thing can you do today?

These tips are shared by Nottingham children.



**Nottingham
City Council**